



# Message from Miss Wheeler

There have been many wow events taking place across Brunswick Park and many more coming up.

Our school days are full of fun - we enjoy learning from others and experiencing memorable learning opportunities to deepen our knowledge and understanding. This week, Year 2 had a wonderful time listening to Year 3's exciting ancient Egyptian adventure stories. Coming up, Nursery are inviting parents in for a love and kindness activity session where parents can support their children to create some Valentine crafts for loved ones and explore all the lovely learning that their children have been engaged in throughout this half term; Year 2 are off to visit St Paul's Cathedral; and Year 1 are having a 1920s themed afternoon tea party - how very exciting!

I hope you have a wonderful weekend and I look forward to seeing you on Monday.

## Safer Internet Day

On Tuesday 7th February, it is Safer Internet Day 2023. Please click on the link below for information and top tips.

https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers

For more information please click on this very useful link that provides important information about the risks of social media for children and tips for keeping children safe online. It is important that children access appropriate age related sites. Many popular social media apps have an age rating of 13+. These include Facebook, Instagram, Snapchat, Tiktok, Twitter and Wink.

https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/

## Children's Mental Health Week

Children's Mental Health Week will take place from 6th-12th February 2023. This year's theme is 'Let's Connect'.

Let's Connect is about making meaningful connections. Human beings thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others - this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health. At Brunswick Park, children will be taking part in circle time sessions and assemblies to explore and celebrate this very important week.

On Friday 10th February, we are holding an 'express yourself' non-uniform day where children can wear their own clothes to school.

Below are some useful links to websites that offer information and advice for families about the importance of mental health.

https://kidsmatter.org.uk/remembering-parents-this-mental-health-awareness-week/ https://www.childrensmentalhealthweek.org.uk/families/ https://www.childrensmentalhealthweek.org.uk/schools/primary-age-activities/#resources

## **Spring Parent Consultations**

This term's parent consultations will take place on Monday 20th and Tuesday 21st March. This term and moving forward, there will no longer be paper 'sign-up sheets'. Instead, families will need to book their appointments using SchoolMoney. More details about this will be sent to families very soon.

## <u> PTA</u>

The PTA will be holding a Coffee and Pastry morning on Friday 10<sup>th</sup> February 2023 at 9am in the Hub. Please come along and meet the new PTA members.

### <u>Uniform</u>

Please double-check that your child's uniform is clearly labelled. Please also ensure coats, hats, gloves and scarves have names in too. This means lost property can be easily returned.

### Dates for the Diary

Friday 10<sup>th</sup> February – Non Uniform day. Please 'dress to express' as part of Mental Health Week

Friday 10<sup>th</sup> February – PTA Coffee Morning 9am Monday 20th and Tuesday 21st March- Parent Consultations

### **Attendance and Punctuality**

Congratulations to 6H who won the attendance award and punctuality award last week. A double achievement. Well done.



Class		Head of School's Award	
Nursery		Alexander	
Class	Stars of the Week		Head of School's Award
RA	Elias and Hulya		Dominic
RS	Aaruksha and Benjamin		Yeondu
1BW	Preesha and Santi		Sophie
1EB	Theo and Troy		Hasna
2F	Alice and Grace		Georgi
2S	Hayley and Kelvin		Rosie
3R	Ameera and Amelia		Рорру
3V	Alexander and Marco		Ashwene
4F	Atanas and Leo		Ammara
4M	Isaac and Youssouf		Maryam
5C	Jacob and Leo		Ella
5H	Bella and Osaied		Katy
6H	Diana and Jenelle		Sulaym

The House Point Trophy winner is...

Khi

Alexandra and Tristan

6K

Tawny – well done!



It's a hat-trick for Tawny! They have been awarded the trophy for the past three weeks.