

## **Brunswick Park Primary and Nursery School PSHE Education Curriculum Impact Statement**

### **As a result of our PSHE Education curriculum our pupils:**

- Know and understand our school values, and the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty. Apply their understanding of these values to moral decision making.
- Are able to name, recognise and manage their emotions in an age appropriate manner.
- Know how to look after their mental health and wellbeing, and their physical health. Understand that good mental health is as important as physical health and the interrelationship between them.
- Are able to recognise the features of positive, healthy and respectful relationships and develop healthy relationships with others.
- Know how to keep themselves safe both on and off line.
- Have the foundations necessary to equip them to become open minded, respectful, active and socially and morally responsible members of society.
- Develop positive self-esteem and self-respect.
- Are equipped with a range of strategies to help them face any challenges or difficulties that they face, and seek support from a trusted adult when needed.
- Have the confidence and skills to make successful transitions between year groups and onto secondary school and beyond.
- Understand the processes of puberty, conception and birth, and demonstrate an age-appropriate understanding of the importance of consent and boundary setting within relationships.
- Know that discrimination against others, or stereotyping of others, due to their views, beliefs or life choices is never right and are able to challenge and speak out against discrimination of any sort appropriately.
- Positively embrace living within a diverse community showing tolerance and sharing their own views and beliefs respectfully.
- Have a repertoire of strategies to resist peer pressure and the confidence to apply these where necessary.