

### Scheme of Work

Word Box: Clean, similar, different, family, boy, girl, male, female, private parts, penis, vagina

#### Programmes of Study

PSHE Framework  
3b to maintain personal hygiene

3d about the process of growing from young to old and how people's needs change

3e the names of the main parts of the body

4c to identify and respect the differences and similarities between people

4d that family and friends should care for each other

Science Attainment Targets  
identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

#### Learning Intentions and Learning Outcomes

Learning Intention  
To understand some basic hygiene principles  
Learning Outcomes  
Know how to keep clean and look after oneself

Learning Intention  
To introduce the concept of growing and changing  
Learning Outcomes  
Understand that babies become children and then adults  
Know the differences between boy and girl babies

Learning Intention  
To explore different types of families and who to ask for help  
Learning Outcomes  
Know there are different types of families  
Know which people we can ask for help

#### Lesson Title

Lesson 1  
[Keeping Clean](#)

Lesson 2  
[Growing and Changing](#)

Lesson 3  
[Families and Care](#)

#### Resources

Talking object  
Story bag containing sponge, toothbrush and soap (and a school jumper or shirt if available)  
[Keeping Clean pictures](#)

Talking object  
Story bag containing [Pictures of newborn babies](#)  
[Lifecycle picture cards](#)  
[Lifecycle word cards](#)  
[Lifecycle whiteboard summary](#)

Talking object  
Story bag - containing plaster and skipping rope  
[Families pictures](#)  
The Family Book, Todd Parr  
  
Additional Activities  
Suggested reading:  
Happy Families, Allan Ahlberg  
Who's in a Family? Robert Skutch