

Puberty, Relationships and Reproduction Key Stage 2

Scheme of Work

Word Box: Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information, internet safety.

Programmes of Study

PSHE Framework
3c, learn about how the body changes as they approach puberty

4c to be aware of different types of relationships, including marriage and those between friends and families, and to develop the skills to be effective in relationships

3f that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong

Science Attainment Targets
describe the life process of reproduction in some plants and animals

Learning Intentions and Learning Outcomes

Learning Intention
To consider puberty and reproduction

Learning Outcomes
Describe how and why the body changes during puberty in preparation for reproduction
Talk about puberty and reproduction with confidence

Learning Intention
Consider physical & emotional behaviour in relationships

Learning Outcomes
Discuss different types of adult relationships with confidence
Know what form of touching is appropriate

Learning Intention
To explore the process of conception and pregnancy

Learning Outcomes
Describe the decisions that have to be made before having a baby
Know some basic facts about pregnancy and conception

Learning Intention
To explore positive and negative ways of communicating in a relationship

Learning Outcomes
To have considered when it is appropriate to share personal/private information in a relationship
To know how and where to get support if an online relationship goes wrong

Lesson Title

Lesson 1
[Puberty and Reproduction](#)

Lesson 2
[Understanding Relationships](#)

Lesson 3
[Conception and Pregnancy](#)

Lesson 4
[Communicating in Relationships](#)

Resources

[Puberty Changes Teacher Guide](#)
[Puberty Body Part cards](#)
[Reproduction question sheet](#)
[Reproduction answer cards](#)
[Reproduction whiteboard summary](#)

Additional Activities
[Puberty Problem Page](#)
[Puberty Problem Page Cut-outs](#)
[Puberty Problem Page Teacher Guide](#)

[Relationship pictures](#)
Squares of paper/sticky notes
[Anonymous Questions template](#)

Additional Activities
How Babies are Made DVD programme: All About Us: Living and Growing - Alternative, Unit 3 Programme 7. www.channel4.com/learning

[How Does A Baby Start? cards](#)
[How Does A Baby Start? whiteboard summary](#)
Anonymous Questions from previous lesson

Additional Activities
[Conception and Pregnancy statements](#)
[Conception and Pregnancy Quiz](#)
[Conception and Pregnancy Quiz Answers](#)
[Pictures of male and female reproductive organs](#)
Model materials: dried spaghetti (fallopian tubes) and poppy seeds (eggs)

[Relationship Question cards](#)
[Communication Scenario Cards](#)
[Communication Scenarios answers](#)
[Communication Scenarios whiteboard summary](#)

Additional Activities
Film clip from www.thinkuknow.co.uk