

PLATES FOR OUR PLANET

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

WEEK COMMENCING 21<sup>st</sup> April 12<sup>th</sup> May 2<sup>nd</sup> June 23<sup>rd</sup> June 14<sup>th</sup> July 15<sup>th</sup> September 06<sup>th</sup> October 2025

Italian Quorn Meatball in Tomato Sauce with Rice	Margherita Pizza with Garlic & Herb Wedges	Chickpea & Veggie Rice Jollof with Flatbread	Paprika Chicken Tomato & Herb Sauce with Penne Pasta	Quorn Fillet with Roast Potatoes, Yorkshire Pudding & Gravy	Cheese & Tomato Pasta Bake with Homemade Garlic Bread	BBQ Beef Chilli Burrito with Herby Couscous	Cheese & Onion Flan with Chips	Salmon Fish Fingers, Chips & Tomato Ketchup
				Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy				
Sweetcorn & Broccoli		Roasted Courgettes & Coleslaw		Green Beans & Carrots	Sweetcorn & Mixed Salad		Peas & Baked Beans	
Frozen Mango Yoghurt		Oat Dream Cookie		Orange Jelly with Mandarins	Apple & Cherry Sponge with Custard		Chocolate & Beetroot Brownie	

WEEK 2

WEEK COMMENCING 28<sup>th</sup> April 19<sup>th</sup> May 9<sup>th</sup> June 30<sup>th</sup> June 21<sup>st</sup> July 1<sup>st</sup> September 22<sup>nd</sup> September 13<sup>th</sup> October 2025

Sweetcorn Pizza with Paprika Wedges	Chinese Vegetable Chow Mein	Vegetable & Lentil Bolognese with Penne Pasta	Beef Spaghetti Bolognese with Homemade Garlic Bread	Cheese, Leek & Onion Puff with Roast Potatoes & Gravy	Quorn BBQ Relish Hot Dog with Wedges	Chicken Sausage Hot Dogs with Toppers (Mexican Salsa or Sauteed Onions) and Wedges	Quorn Dippers with Chips & Tomato Ketchup	Battered Fish or Fish Fingers, Chips & Tomato Ketchup
				Roast Chicken with Roast Potatoes & Gravy				
Sweetcorn & Red Cabbage Coleslaw		Peas & Cauliflower Chickpea Salad		Carrots & Broccoli	Sweetcorn & Green Bean Slaw		Peas & Baked Beans	
Frozen Strawberry Yoghurt		Apple & Berry Sponge		Chocolate Rice Crispie Cake	Peach Crumble with Custard		Fruity Flapjack	

WEEK 3

WEEK COMMENCING 5<sup>th</sup> May 16<sup>th</sup> June 07<sup>th</sup> July 8<sup>th</sup> September 29<sup>th</sup> September 20<sup>th</sup> October 2025

Chinese Vegetable Fried Rice	Roast Pepper Pizza with Cajun Wedges	Macaroni Cheese with Toppers and Homemade Garlic Bread	Chicken Curry with Rice	Pepper & Mixed Bean Enchilada with Mexican Rice	Singapore Veggie Stir Fry with Wholemeal Rice	Beef Lasagne with Garlic & Oregano Focaccia	Cheese, Bean and Veggie Quesadilla with Chips	Fish Fingers, Chips & Tomato Ketchup
				Roast Chicken with Roast Potatoes & Gravy				
Sweetcorn & Apple Slaw		Broccoli & Cucumber Raita Salad		Carrots & Peas	Roasted Mediterranean Veggies & Sweetcorn		Peas & Baked Beans	
Chocolate Ice Cream		Lemon & Courgette Muffin		Pear & Vanilla Sponge	Apple Crumble and Custard		St Clements Sponge	

Plant Based

Wholemeal

Vegetarian

Plants Supercharged

1 of your 5 a day

2 of your 5 a day

Halal option available

Look out for Chef's Special

Jacket Potato with a variety of fillings on selected days

Available Daily

Salad Bar, Freshly Baked Wholemeal Bread, Fresh Fruit & Yoghurt